

PUBLICATIONS

Niel-Asher, Simeon. The Concise book of trigger points. North Atlantic Books, 3rd Ed. 2014.

Niel-Asher, Simeon. "Treat your own frozen shoulder." 6th Edition 2014

Numerous trigger point courses on Niel-Asher.com

RESEARCH PUBLICATIONS

Niel-Asher, Simeon. "Frozen shoulder syndrome." Osteopath (2001):

Niel-Asher et al – Randomized placebo controlled trial on NAT – Rheumatology 2003

Niel-Asher et al – Multi center, prospective observation study – IJOM 2014